

THE TARA CENTRE, OMAGH

This Centre was founded in 1996. It is a Registered Charity governed as a Company Limited by Guarantee.

The founding vision was inspired by a holistic philosophy of life which cherishes a sense of the sacred in all aspects of life and seeks to build a society where diversity can be experienced as enrichment and pain can be engaged with as the raw material of deep personal transformation.

The Core Values and Ethical Principles which inform all aspects of life at the Centre find expression in the Vision Statement, a copy of which is enclosed herewith.

Throughout the past 24 years, practical expression has been given to the aspirations of the Vision Statement by developing and delivering a wide range of healing and life-enhancing initiatives such as those identified in the Centre's Brochure which, to date, has been published three times per year. (Copy of Spring 2020 enclosed) The said healing and life-enhancing initiatives are offered in the caring environment of a healing community and a warm welcoming building where the entire ethos breathes respect.

Protocols consistent with COVID-19 containment are in place at Tara as we return to service provision after the mandatory lockdown introduced by government in March of this year.



“... in the service of healing, peace and holistic well-being.”