



SUMMER ART SPACE

DISCOVER • CREATE • EXPRESS

FOR 15-17 YEAR OLDS

Facilitated by the Tara Centre Art Therapists
for up to 12 participants*

Thursdays in August 2026 (4 weeks)

10.30 am - 12.30 pm

at the **Tara Centre Omagh**

NO cost thanks to  **COMMUNITY FUND**

*min 6 participants, **please respond before the 27th July** as spaces are limited

**TO BOOK, CALL
RECEPTION
028 8225 0024**



 **LEARN MORE**



Who are **you**?
What **inspires** you?
How do you **express** yourself?

This creative workshop is a safe, welcoming space where you can explore your **imagination**, **discover your individuality** and **create** without pressure or judgement.

Using a range of art and recycled materials, you will have the **freedom to experiment**, try new ideas and make something **that is uniquely yours**.

No experience is needed, and there are no expectations – just space to **be yourself**, get creative and discover what is possible.

